gosnells women's health service

women's health & wellbeing services

SOUTH EAST METROPOLITAN

Annual Report 2016

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2015-2016 Management Committee

Chairperson
Pip Brennan

Vice Chairperson
Tracy Pollett

Secretary
Norene Liggett

Treasurer
Aimee Sinclair

Committee Members
Audrey Turner
Joanne Hooper
Kim Adey
Vanessa Kiuna
Samantha Bowen
Amanda Broughton
Annette Crick

CEO of GWHS
Emma Basc

Staff Representative
Hannah Pin

Our Mission

To provide a diverse, innovative, quality-focused wellness service that sets the benchmark for the industry. We will continue growth in order to ensure sustainability and further our aim of being a provider of choice for all our services.

Our Values

Respect – valuing diversity and actively seeking everyone's contribution
Equity – advocating for the whole community
Integrity – aligning our actions with our values
Excellence – Striving for the highest personal achievement in all aspects of service delivery.

Management Committee Members	
Pip Brennan	Chairperson
Tracy Pollett	Vice Chairperson
Aimee Sinclair	Treasurer
Samantha Bowen	Secretary
Kim Adey	Committee Member
Vanessa Kiuna	Committee Member
Annette Crick	Committee Member
Amanda Broughton	Committee Member

Financial Sub Committee Members	
Aimee Sinclair	Chairperson
Amanda Broughton	
Emma Basc	
Marina Newby	

Governance Sub Committee Members	
Tracy Pollett	Chairperson
Aimee Sinclair	
Emma Basc	
Marina Newby	

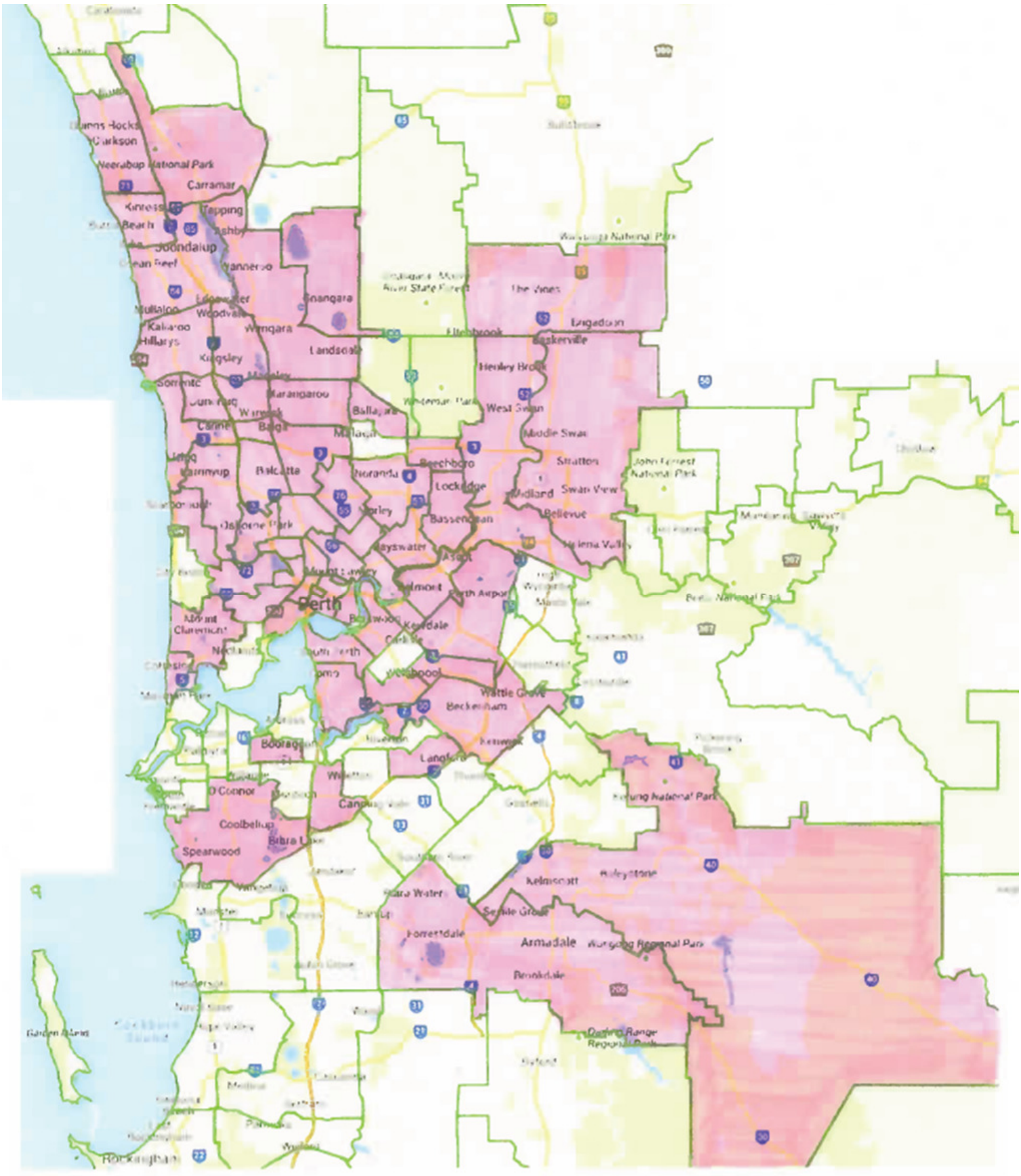
Social Enterprise Sub Committee Members	
Samantha Bowen	Chairperson
Vanessa Kiuna	
Annette Crick	
Emma Basc	

Support vulnerable and disadvantaged women and families in our community via outreach based services

Support individuals and community through holistic, multidisciplinary health services

Maintain an effective, innovative organisation

WHWS Catchment Area



Gosnells Women's Health Service Inc supports women in the south east metro area however women attend our services from all over the metropolitan area,

Chairperson's Report
Pip Brennan

Board Membership

I was greatly honoured last year to be elected to the position of Chair at the AGM, after a year as a Board member. Norene Liggett has done a wonderful job in the role of Chair and I thank her for all her time and dedication to WHWS over the past decade. We have enjoyed an unprecedented influx of talented, passionate Board members and we welcome Annette Crick, Vanessa Kiuna, Samantha Bowen and Amanda Broughton. Norene Liggett and Joanne Hooper have now resigned from the Management Committee, and we thank them both for their contribution. Continuing Board members are Aimee Sinclair, Tracy Pollett and Kim Adey.

Strategic Plan

A cornerstone of the Board's role is to develop and oversee the Strategic Plan. At the forefront of the planning discussions was financial sustainability. I have so much respect for what the WHWS team achieve on a shoestring budget which shrinks each year. This year has called for even further innovation as we test out income generation ideas to shore up our dwindling reserves. Staff and Board came together to agree a way forward, and our 2016 goals articulate this:

- WHWS will generate income through service provision to higher socioeconomic clients in order to offer low cost services to vulnerable and disadvantaged clients in our community.
- By June 30 2017 50% of clients will be full fee paying (non WHWS subsidised) clients.
- By 1st January 2019 WHWS will be fully self-sustaining and will not rely on WA Health Department funding to support vulnerable and disadvantaged women in the community.

Social Enterprise

After discussing at some length, WHWS has elected to develop a social enterprise structure to generate income in order to "pay it forward" to vulnerable and disadvantaged clients. Fee for service activities will be delivered from the premises in Gosnells, with outreach services developed in partnership with key agencies to ensure WHWS is reaching vulnerable and disadvantaged clients,

An undertaking of this complexity requires further support, and a Social Enterprise Board Sub-committee has been convened with Vanessa Kiuna, Samantha Bowen, Annette Crick and our hard-working CEO Emma Basc to continue to develop this concept into a reality.

We have also convened a Finance Committee and a Governance Sub-committee to continue to support the work of WHWS.

There is no doubt that there are significant challenges in the woman's health sector, but WHWS staff are dedicated and innovative and have a capable and passionate leader in Emma Basc. We hope to continue to report on the development of a new, sustainable WHWS.

Current Staff Members

Emma Basc
Chief Executive Officer

Cindy Malcolm
Therapeutic Services Manager

Marina Newby
Operations Manager

Melanie Robson
Acting Therapeutic Services Manager/ Counselling Psychologist

Hannah Pin
Administration Coordinator

Angela Smith
Administration

Evyn Webster
Social Worker

Amanda Smith
Psychologist

Sarah Jessen
Psychologist

Sheree Regan
Triage Volunteer

Karla D'Lima
Administration

Bree van de Zuidwind
Psychologist

Amanda Cooke
Psychologist

Sally Johnston
Counsellor

Staff Members who we said goodbye to in 2015-2016

Heather Woods
Health Educator and Lactation Consult

Kate Haliczenko
Occupational Therapist

Cate Haring
Therapeutic Administration Officer

Jazmin Blackwell
Therapeutic Administration & Small Fundraising Coordinator

Dale Smith
Operations Manager

Students

Michelle Burnlar
Diploma of Community Services at Australis College

Janine Luzi
Counselling Student—Notre Dame University

Jessie Lim
Counselling Student - Murdoch University

Kate D'Laney
Counselling Student - Notre Dame University

CEO's Report

It is with great pleasure that I present my 9th Annual Report for Gosnells Women's Health Service, trading as Women's Health and Wellbeing Service. The 2015-2016 financial year has been a year of growth and change for our organisation as we continue to support vulnerable and disadvantaged women in the South East Metro Area (although as you will see from the map on page 4 our clients come from near and far and we will not turn away women needing support based on geographical location.) We have expanded our services to offer fee paying services with 100% of income generated subsidising services for women who would be unable to afford to access services otherwise, financial cost should not be a barrier to service access for our clients and we work to ensure that all women are supported to be the very best version of themselves.

As with every organisation there continue to be struggles, changes in government funding has impacted the service and has necessitated some of the changes that we have worked through over the past 18 months. Although that has felt uncomfortable at times for staff, I think that we would all agree that the changes to the service off the back of those funding cuts (due to funding being redirected to alternate priority areas at a government level) have been positive. The changes saw our therapeutic services increased from eight days of counselling offered per week provided by six therapists to 14 days of counselling offered per week, provided by eight therapists. We also expanded our service to offer antenatal and lactation consults as well as a paediatric occupational therapy services.

There are a number of key areas that WHWS excels including governance, financial capacity, customer service, our brand and of course our people.

In the 2015-2016 financial year WHWS has been exploring the area of governance, reviewing processes, policies and procedures and setting the ground work for formal changes to be made to the policy and procedure living document. WHWS continue to develop consistent quality management information to aid good decision making.

The financial capacity of WHWS has gone from strength to strength. Changes in the way we charge for our services has meant that, although government funding for our Building Stronger Families program was not re-funded by Federal Government, we increased the income generated through service provision by 207% over the course of the year.

WHWS pride ourselves on our customer service. We monitor this consistently through the year through six monthly service evaluation, end of service evaluations and client feedback forms. Client feedback is consistently positive and that is a beautiful reflection of the staff and team we have here at WHWS. Every single staff member is passionate about supporting the women in our community.

Most importantly it is our people that make WHWS a success. Without the staff and Management Committee we would not have a service to offer, because of you we continue to deliver a high standard of service to the community that the WHWS brand is known for.

I would like to sincerely thank the entire management committee for your time, energy and effort into supporting WHWS. I thank you for your expertise, knowledge, passion and enthusiasm. The value of the management committee cannot be underestimated as it continues to act as a foundation building block on which the success of the WHWS is built. As well as thanking our long standing members of the committee I would also like to thank our newer members who have stepped into the role and from their very first meeting have offered insight, information, thoughts and opinions on matters of importance. The variety of knowledge and vast cumulative years of experience of the committee members ensures the management and future plans of WHWS is strategic and will achieve successful outcomes.

I would also of course like to thank the staff at WHWS; I am fortunate to work with a group of amazing dedicated people who not only keep WHWS running smoothly they ensure that we maintain our focus of supporting women in our community. I thank our entire staff for their continued enthusiasm and dedication to our service and most importantly their dedication to the women and community we serve.

Thank you and I look forward to leading this amazing team through and exciting 2016-2017 year!

Emma Basc
Chief Executive Officer.

Therapeutic services

This is my first report as Acting Therapeutic Manager whilst Cindy Malcolm has been on maternity leave for 6 months. It has been a privilege to lead and be part of such a dedicated and passionate therapeutic team who offer an exceptionally high standard of therapeutic services to clients. I would like to thank the therapeutic team and all staff who have made my first foray into managing and coordinating smooth, enjoyable and supportive. In particular I am grateful for Emma Basc's guidance and ease of which to work within a management role.

It has been exciting to see that fee changes to the provision of therapeutic services by Psychologists and Counsellors has been taken up well by clients and is ensuring that WHWS can continue to provide excellent value for money. With the additional of 2 more Medicare-registered psychologists, Amanda Cooke and Sarah Jessen, WHWS has expanded the provision of its Medicare-subsidised services for clients under the Better Outcomes initiative for mental health. We will also be offering Medicare-subsidised services for some WHWS group programs shortly.

We have welcomed the addition of a new Psychologist, Bree van de Zuidwind, who is providing both couples and individual counselling sessions. Bree has also created a webinar for year 12s in managing stress during their ATAR exam period. Further, we have welcomed the addition of a new volunteer Sheree Regan, who has been conducting triage calls for new referrals. This has freed up the therapeutic team and ensures more counselling sessions can be provided, and has enabled the waitlist to be kept low. WHWS has embraced students from Murdoch University and the University of Notre Dame in semester 1 of this year. Jessie Lim and Janine Luzi have now successfully completed their placements at WHWS. We have also had the voluntary support of Psychologist Emina Cholich who has been co-facilitating some therapeutic groups in order to obtain experience and hours for her psychology registrar program.

Counselling staff continue to access clinical supervision and are appreciative of the support of management and the management committee which enables them to do this in order to ensure high quality reflective and ethical practice in all their clinical work. Regular debriefings have also been incorporated into the working week which have been very positively received.

The counselling team has continued to provide and develop both individual and group therapy under 4 programs, Perinatal Mental Health, General, Family Services and Medicare. The groups we provided in the 2015/2016 period have included Bringing Up Great Kids, ACT on Anxiety, Circle of Security, Love Languages, Self-esteem, and Uncovering Happiness.

The therapeutic team are committed to the ongoing development and maintenance of relationship building with other services and networks. This is evident by the expansion of the Perinatal & Infant Mental Health Local Reference Group to include a guest speaker at every meeting and offering involvement in the group to a wider audience of perinatal service providers. WHWS has also joined the South Metropolitan Perinatal and Infant Mental Health Network and has begun attending these meetings. In addition, WHWS recently attended a meeting of regional Child Health Nurses to engage the CHN as key stakeholders in the service that we provide to women during the perinatal period, the input that they have is invaluable in service design.

The therapeutic team have had a busy and successful year in providing high quality, affordable services to all clients accessing our service. Thank you to all therapeutic staff who continue to work hard with great passion and dedication in providing services that align with the values of WHWS. It is an honour to be part of a great team and service.

Melanie Robson
Acting Therapeutic Manager

Client Outcomes

2015-2016 EPDS scores; pre and post MHC PNDA intervention
Explanation 166 clients accessed the PNDA program funded by MHC over 2015-2016 financial year. PNDA services are addressing service outcome 'Women experience improved health and wellbeing and have opportunities to address their health challenges'. Data collection tool used to assess service outcome is the Edenborough Post-Natal Depression Scale (EPDS). Scores below *x* are considered to be 'at risk of developing Post-Natal Depression'.

Cut-off for high risk of PNDA on the EPDS is scores of 13+ (low risk 1 – 9, medium risk 10-12).

EPDS Scores

	Mean Initial	Mean Final	Initial		Final	
			From	To	From	To
1-on-1 session	15.73	3.11	5	22	1	13
Group Session	16.80	5.63	9	22	3	10

2016 DASS Scores; pre and post WINS funded Uncovering Happiness (Depression therapeutic group)
Explanation: 8 clients accessed the Uncovering Happiness Group, a therapeutic group for clients identifying as experiencing depression. This group addressed the service outcome 'Women experience improved health and wellbeing and have opportunities to address their health challenges'. Data collection tool used to assess service outcome is the Depression, Anxiety, Stress Scale (DASS).

DASS Scores	D		A		S	
	Initial	Final	Initial	Final	Initial	Final
From	5	2	0	1	4	3
To	21	15	17	18	19	19
Mean	13.625	9.25	10.25	9.875	12.625	11.75

DASS scores chart:

	Depression	**Anxiety**	**Stress**
Normal:	0 – 4	0 – 3	0 – 7
Mild:	5 – 6	4 – 5	8 – 9
Moderate:	7 – 10	6 – 7	10 – 12
Severe:	11 – 13	8 – 9	13 – 16
Extremely severe:	14+	10+	17+

Letter from Client

Women's Health & Wellbeing Service
I Thank You

I would like to Thank the Team of people, to whom run your Support Service. I have never been involved in such a Supported Environment before. All your staff should be Commended, for what they do. When I walk through the door, straight away, I feel welcomed, your reception staff - Hannah and Jasmin, are so welcoming and very friendly and kind hearted "They always have a smile to greet you. I attend your Service, for a couple of reasons,
I participated in your Self-esteem group, to which I found very, intresting and well facilitated, your Mentor was outstanding" I am also attending the anxiety group, to which is in progress right now, Amanda, is so kind hearted, and excells in what she does, Although the main reason, for me coming to your service is for counselling, with one of your fabulous Phycologist, I attend each week, to have, Sessions with Melanie, I have become to Trust Melanie,

Letter from Client

2,

To which has helped me, in more ways, That you will never understand,
She has brought me back to life, she shows Compassion, empathy and Care,
She listens and I feel very safe, whilst attending my appointment with her.
To, feel safe, is very important for me, especially, When Times are hard,
When, you find networks, That actually help you in your recovery and Journey, it makes a huge difference, To Somebodys, life, and wellbeing,
I, was introduced to your network by one of my other Support, networks, it was the best thing, she ever did,
Life, Takes us on different Journeys, and Sometimes, our paths become rocky, but Support and encouragement, We manage To, find Solid ground.

I, wanted To write and share my experience with you all, As, I think its very important to let people Know, When a Service has Such an positive impact on Someones life,

Letter from Client

3.

and what a difference it makes!

if it wasn't for your Services, a lot of people would be in a different Space, - Me included.

So, once again Thank you, and please Thank your dedicated Team of staff - for a job well done,

18/11/2015

Health Education & Business Women's Services

Health Education

2015/16 saw WHWS move away from the previous Health Promotion model and into a health education model. We welcomed Heather Woods into the role of midwife, lactation consultant and health educator and Heather worked to support women in the perinatal period and the transition to motherhood. Heather worked to reduce mothers anxiety and to address the societal pressures that new mothers experience, to increase their confidence in the mothering role.

Heather worked to promote general health and wellbeing for women in our community. WHWS had a particular focus on breast health, cervical health, sexual health and heart health as well as focusing on the importance of self care and social networks.

WHWS offered a number of physical activity options including walking groups, belly dancing, yoga for carers and konga for CaLD women in the perinatal period.

WHWS partnered with Thrive and DSC to provide a support group for carers in the local area. We are excited to see this partnership with Thrive expand and continue into 2016-17 financial year.

WHWS attended a number of family days in the local community. This enabled Heather and Kate our Occupational Therapist to go out into the local community and interact with parents. Heather and Kate were both able to work one on one with mothers at the events to discuss their concerns and offer information, education, referrals and support.

Business Women's Services

In February 2016 WHWS CEO Emma Basc started offering business women's services. This was offered after the community recognized that there were professional women in the local area that did not have a place for peer support. WHWS offer business coaching, networking events and goal setting and accountability groups. The business women's services aim to offer inspiration, motivation and conversation for professional women. We focus on increasing social networks as well as financial health with a focus on self care.

More than 50 women have benefited from the business women's services offered at WHWS. We aim to empower women to succeed in business while maintaining their authentic sense of self. We challenge women to step out from the shadows and acknowledge to themselves and the group their value, their skills and their expertise. The networking events challenge women to self exploration and self reflection, the goal setting groups not only challenge participant to clearly define their smart goals but to work out how they will achieve them and then participants are held accountable for reaching their objective.

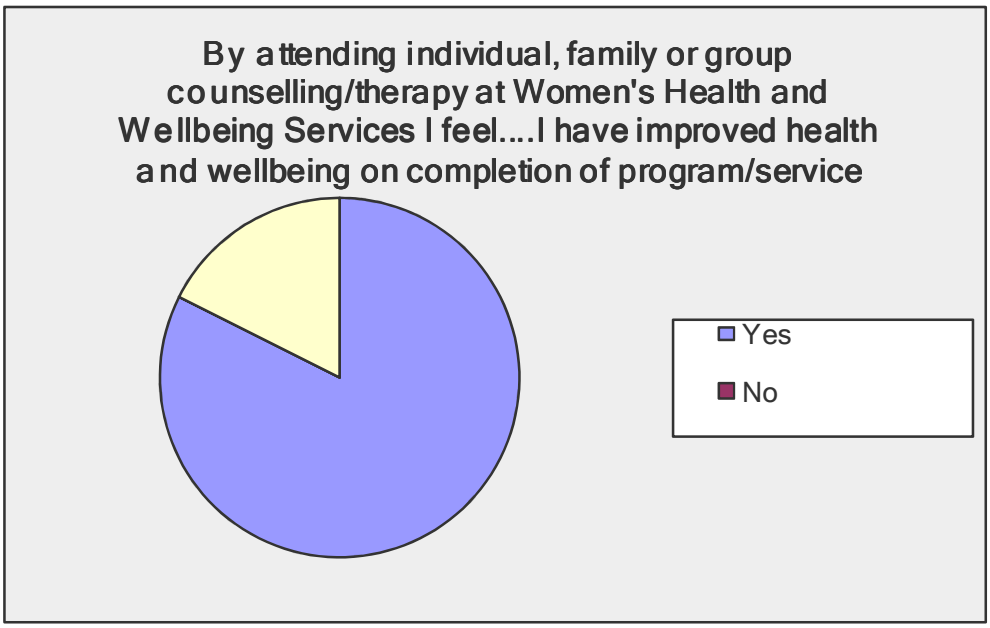
Pictures

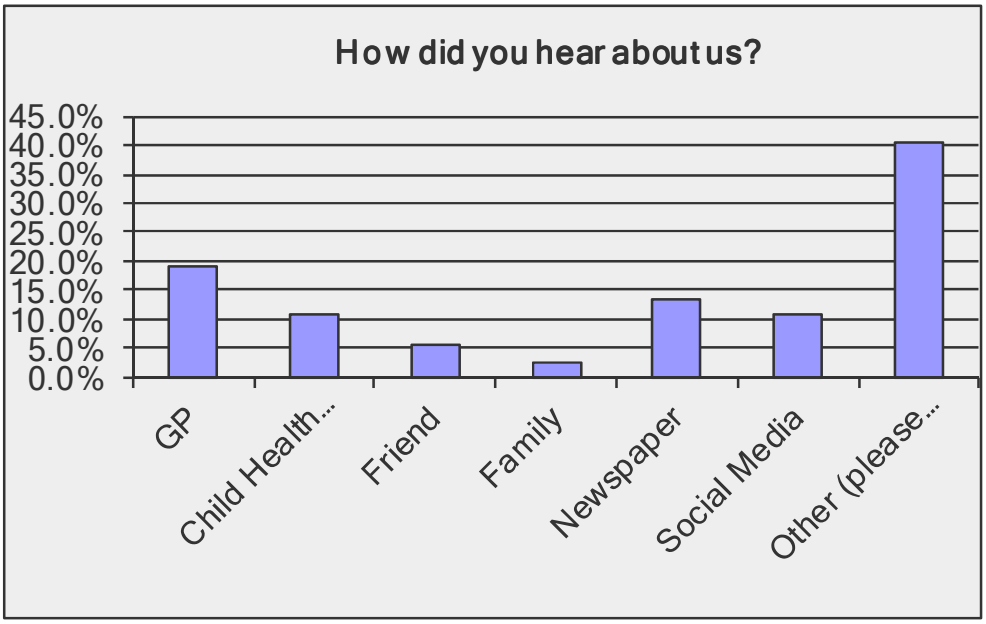
Wear Red Day for Heart Health.

Breast Cancer Awareness High Tea

National Condom Week

Service Evaluation Results





Service Evaluation continued

As a result of attending Women's Health and Wellbeing Services, do you have an example of a positive change you have made in your life?

I can make my stand better. Know what's right for me and improve myself

Despite the difficulties I have with certain relationships and depression. I am now confident I am on the right track. Many Thanks.

to take time and not to overact to situations and to be positive and be a productive person in my family and my community

Quite some time ago I realised I needed an online presence if I was to realise my ambitions as a practicing artist. I also realised it was not enough to produce work or even have exhibitions. Many practices revolve around the yearly exhibition circuit as a means of exposure to the art world. Exhibitions are expensive, limited and usually create an 'exclusive' audience. I wanted more than this. My belief being that art is for everyone. An online presence seemed the perfect solution both in making art accessible for all and earning a living. With this in mind, some years ago I created a web site and almost finished it. I opened a FB page and sometimes posted to it. I was told Instagram and Pinterest were a good way to go so opened accounts and both remained dormant. And, after investing a lot of time on a flickr account that too became inactive. Oh yes, I mustn't forget the Etsy account - that being the key to selling work. I opened a shop with 27 prints but wanted to add a new body of work based on pen and ink drawings, but was dragging my feet. I knew I needed to integrate all these social media sites together in order to create a market but was stuck. On top of that I felt that it was improper to promote myself. All these tasks seemed beyond me especially since I was lacking confidence and direction. But things have changed... Thanks to Emma I now have strategies. I have targets, integration and more. The pen & ink drawings are now finished and ready for sale. Wow, what a difference goal setting makes. I still have a long way to go. That's where the long-term goals come in. Even though, having experienced the immediate benefits from short term planning and the renewed confidence that has brought, I am hopeful of the future. All I need to do now is to keep working through it. Keeping the goal setting in mind. Learning the things I need to learn and keep moving forward. Goal setting is the key, setting achievable goals and having a long-term focus. The new understanding about how to manage and integrate social media has been an immense help. I feel sure they will over time become strategic and affective tools to a successful future. I also feel confident about promoting myself, which is quite liberating. Finally it is reassuring knowing that there is someone there who can talk through the obstacles along the way and that I will not stall again in the future.

I'm slowly feeling better each day and slowly learning new tools to apply to my everyday life.

I was provided 9 individual counselling sessions about a year or so ago here. This helped my confidence and changed my life by changing my lifestyle to incorporate healthy living and exercise which improved my overall lifestyle and wellbeing! Since then i was able to go on and study (fitness) and recently completed and obtained a qualification in an area of wellness that not only saved my life but now has given me a chance to save others, not only because it helped me but because exercise is the worlds most unused most beneficial source, it goes hand in hand with medication within the recovery process in helping an individual to deal with, prevent, or even overcome things like depression, anxiety, suicide, drug addiction, I am thankful that i have also been able to find my passion in loving what i do! If my experiences can help another, i want to use it to give back! So i cant thank you enough for this excellent service you provide !!

I find the services you provide very valuable to my clients who are often on low incomes and are unable to access services in the wider community. Women only programs are a fantastic idea as I work with many women who have experienced family and domestic violence. I think a course run on making healthy meals on a low income would be great. otherwise keep up the great work!

Understanding children/behaviour. More reassured I'm doing a good job!

Better communication skills, more assertive, more strategies for self esteem and anxiety

Service Compliments

Hannah is very welcoming and lovely. My counsellor Melanie Robson is absolutely outstanding

Sally and Jazmin - This was my first session and I was very pleased with the competence and efficiency of staff. Keep it up!

Melanie—Really useful session and work package

I have only been once, but as soon as I walked into the centre it felt right. Everyone were so welcoming. You have Amanda at the clinic. I came to the centre because I believe Amanda is outstanding at what she does. Has helped me more than anyone else I have seen

Sarah - Amazing, professional and helped me so much. Thank you

Evyn - Has helped us on so many levels. I strongly doubt we would be together if it wasn't for our sessions with Evyn. Extremely knowledgeable and professional

Auditor's Report

Andy Robert FPNA

Face2Face Business Mentors

Women's Health and Wellbeing Services

Balance Sheet

as at 30 June 2016

	This Year	Last Year
ASSETS		
Current Assets		
Cash on Hand - Unrestricted		
Operating Cheque	$534.95	$635.99
Max-i Direct	$191,579.60	$149,040.84
Donations Inv	$14,047.26	$12,457.15
Debit Cards	$1,243.11	$1,825.57
Bendigo Bank	$2,041.85	$2,021.62
Cash Drawer	$347.90	$634.20
Paypal Account	$144.95	$176.89
Undeposited Funds	$2,000.00	
Total Cash on Hand - Unrestricted	$211,939.62	$166,792.26
Cash on Hand - Restricted		
Grants in Advance (Max-i-Direct)		$98,989.05
Total Cash on Hand - Restricted	$0.00	$98,989.05
Short Term Investments		
Term Deposit Account	$253,877.52	$264,612.58
Total Short Term Investments	$253,877.52	$264,612.58
Trade Debtors		
Trade Debtors	$3,440.23	$85,615.63
Other Debtors	$1,000.00	$59.00
Total Trade & Other Debtors	$4,440.23	$85,674.63
Other Assets		
Prepayments	$10,327.83	$8,639.41
Deposits Paid	-	$2,780.72
Accrued Income	-	$1,000.00
Total Other Assets	$10,327.83	$12,420.13
Total Current Assets	$480,585.20	$628,488.65
Fixed Assets		
Plant & Equipment	$589.52	$589.52
LESS: Accumulated Depreciation	-$589.52	-$589.52
Plant & Fixtures (LW)	$192,165.48	$192,165.48
LESS: Accumulated Depreciation	-$143,690.68	-$128,957.92
Fixtures & Fittings	$11,111.12	$11,111.12
LESS: Accumulated Depreciation	-$9,120.58	-$8,622.94
Motor Vehicles	$40,754.50	$40,754.50
LESS: Accumulated Depreciation	-$26,793.15	-$24,644.01
Total Fixed Assets	$64,426.69	$81,806.23
Total Assets	**$545,011.89**	**$710,294.88**

	This Year	Last Year
LIABILITIES		
Current Liabilities		
Trade Creditors	$3,910.06	$454.95
Client Deposits Received	$640.00	-
Grants in Advance	-	$98,989.05
Centrelink Paid Parental Leave	$5,290.32	-
Accrued Expenses - Other	$9,761.49	$5,749.01
Accrued Expenses - Audit Fees	$2,500.00	$2,500.00
Total Trade & Other Creditors	**$22,101.87**	**$107,693.01**
Tax Liabilities		
GST Collected	$312.77	$19,377.01
GST Paid	$12,477.00	-$4,761.54
BAS Clearing A/c	-$264.56	-
Total Tax Liabilities	**$12,525.21**	**$14,615.47**
Payroll Liabilities		
Superannuation Payable	$2,701.79	$9,200.58
PAYG Withholding Payable	-	$6,991.95
Salary Sacrifice (internal)	$617.50	$626.00
Christmas Club	$1,762.50	$1,676.75
Total Payroll Liabilities	**$5,081.79**	**$18,495.28**
Employee Entitlements		
Provision for Annual Leave	$32,280.96	$35,505.77
Provision for Long Service Leave	$25,955.56	$12,511.16
Provision for Redundancy	-	$10,000.00
Total Employee Entitlements	**$58,236.52**	**$58,016.93**
Other Provisions		
Provision for Bus Replacement	$32,500.00	$32,500.00
Provision for Office Modifications	$20,000.00	$20,000.00
Total Other Provisions	**$52,500.00**	**$52,500.00**
Total Current Liabilities	**$150,445.39**	**$251,320.69**
Non-Current Liabilities		
Employee Entitlements		
Provision for Long Service Leave	$11,516.49	$20,313.60
Total Employee Entitlements	**$11,516.49**	**$20,313.60**
Total Non-Current Liabilities	**$11,516.49**	**$20,313.60**
Total Liabilities	**$161,961.88**	**$271,634.29**
Net Assets	**$383,050.01**	**$438,660.59**
EQUITY		
Retained Surplus (Accum Loss)	$438,660.59	$343,896.18
Prior Year Adjustment in Provisions	-	$64,813.20
Current Year Surplus (Deficit)	-$55,610.58	$29,951.21
Total Equity	**$383,050.01**	**$438,660.59**

Women's Health and Wellbeing Services

Profit & Loss Statement

for the financial year ended 30.6.16

	This Year	Last Year
INCOME		
One off Grants	$22,465.64	$4,570.00
Grant Funding	$510,033.28	$651,828.83
Brrokman House	$32,113.64	$2,994.37
Health Educ. & Workshops	$1,095.43	$8,745.90
Therapeutic Services	$89,092.27	$21,009.98
WHWS Membership	$427.28	$1,533.52
Fundraising	$1,529.40	$11,394.71
Donations	$1,852.82	$2,413.51
Merchandise Sales	$1,560.38	$1,568.70
Other Income	$22,658.38	$22,768.02
Total Income	**$682,828.52**	**$728,827.54**
EXPENSES		
Advertising	$991.60	$4,061.00
Audit Fees	$2,727.27	$3,000.00
Bank Fees	$880.45	$1,076.41
Bookkeeping Fees	$25,441.22	-
Brand Management	-	$4,557.20
Capacity Building/Healthy Workplace	-	$34.09
Cleaning	$5,449.72	$5,960.19
Consulting	$13,220.45	$12,259.78
Consumables	$2,593.65	$4,925.98
Depreciation	$17,379.54	$18,903.91
Functions & Events	$45.45	$2,486.32
Fundraising Expenses	$1,238.42	$3,550.91
Insurance	$6,547.42	$15,530.46
IT	$3,474.20	-
Legal Fees	-	$3,000.00
Management Committee expenses	$701.76	$1,854.84
Motor Vehicles	$2,587.72	$3,730.10
Parking	$1,127.37	$1,120.94
Postage	$919.10	$1,102.56
Printing & Stationary	$6,643.19	$5,872.43
Rental & Outgoings	$48,284.42	$49,581.21
Resource Materials	$355.22	$2,767.26
Subscriptions	$6,385.89	$1,601.58
Telephones & Internet	$8,162.77	$8,517.85
Wages & Salaries	$531,286.21	$447,892.65
Superannuation	$47,470.96	$39,616.52
Employee Leave Entitlements	-$8,577.52	$4,856.83
Employer expenses	$18,213.87	$9,571.10
Other expenses	$7,331.36	$1,596.74
Total Expenses	**$750,881.71**	**$659,028.86**

Women's Health and Wellbeing Services

Profit & Loss Statement

for the financial year ended 30.6.16

	This Year	Last Year
Operating Profit	**-$68,053.19**	**$69,798.68**
Other Income		
Interest Income	$7,192.74	$12,652.53
Paid Parental Leave Funds	$5,256.00	-
Total Other Income	**$12,448.74**	**$12,652.53**
Other Expenses		
Interest Expense	6.13	-
Provision - Bus Replacement	-	$32,500.00
Provision - Office Modifications	-	$20,000.00
Total Other Expenses	**$6.13**	**$52,500.00**
Net Profit / (Loss)	**-$55,610.58**	**$29,951.21**

STATEMENT BY THE MANAGEMENT COMMITTEE

GOSNELLS WOMEN'S HEALTH SERVICES

In the opinion of the Members of the Committee;

(a) The accompanying Profit and Loss Statements is drawn up so as to give a true and fair view of the results of the Group for the year ended 30th June 2016.

(b) The accompanying Balance Sheet is drawn up so as to give a true and fair view of the state of affairs of the Group as at the end of that period.

(c) At the date of this statement there are reasonable grounds to believe that the Group will be able to pay its debts as and when they fall due.

The Accounts of the Group have been prepared in accordance with applicable Australian Accounting Standards.

Signed in accordance with a resolution of the Committee.

Aimee Sinclair, Treasurer

Dated this 7 day of Oct 2016

Pip Brennan, Chair

Dated this 30th day of September 2016

businessmentor

Face2Face Business Solutions

c/- 5 Renville Way, LYNWOOD WA 6147

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INDEPENDENT AUDIT REPORT TO THE MEMBERS OF THE WOMEN'S HEALTH AND WELLBEING SERVICES

Scope

We have audited the accompanying financial report, being a special purpose financial report, of the Women's Health and Wellbeing Services ("WHWS"), which comprises the balance sheet as at 30 June 2016 for the year then ended, the income statement and the statement by members of the management committee.

Committee's* Responsibility *for the Financial Report

The committee of the WHWS is responsible for the preparation and fair presentation of the financial report and have determined that the accounting policies applied are consistent with the financial reporting requirements of the Associations Incorporation Act Western Australia 2015 and the Australian Charities and Not-for-profits Commission Act 2012. The committee's responsibilities also include designing, implementing and maintaining internal control relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. No opinion is expressed as to whether the accounting policies used are appropriate to meet the needs of the members. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the committee, as well as evaluating the overall presentation of the financial report.

The financial report has been prepared for distribution to members for the purpose of fulfilling the committee's financial reporting under the Associations Incorporation Act Western Australia 2015 and the Australian Charities and Not-for-profits Commission Act 2012. We disclaim any assumption of responsibility for any reliance on this report or on the financial report to which it relates to any person other than the members, or for any purpose other than that for which it was prepared.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

businessmentor

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Independence

In conducting our audit, we have complied with the independence requirements of Australian professional ethical pronouncements.

Auditor's Opinion

In our opinion, the financial report of the Women's Health and Wellbeing Services presents fairly, in all material respects, the financial position of the organisation as of 30 June 2016 and of its financial performance for the year ended on that date.

Name of firm: Face 2 Face Business Mentors
Name of auditor: Neville Andrew Robert FIPA
Public Practice Certificate No. 13380

Address: Lynwood, Perth
Dated this 5th day of August 2016

Pictures

Mothers drop in service

Fundraising Bake Sale by Coles

Bowling social night

2016 Agenda

Thursday 20th October 2016
6pm

1.0 Welcome

2.0 Present

3.0 Apologies

4.0 Introductions—an opportunity for staff and committee to briefly introduce themselves.

5.0 Acceptance of Minutes of AGM 2015

6.0 Business Arising from Minutes of AGM 2015

7.0 Annual Reports
- 7.1 Chairperson's Report
- 7.2 Auditor's Report

8.0 Members in positions to be re-elected to stand down

9.0 Returning Officer to Take the Chair

10.0 Election of Management Committee and Office Bearers

11.0 Appointment of Auditor

12.0 Bank Signatories

13.0 Signatories

14 .0 Other Business

Please stay on for a chat and light refreshments.

2015 AGM Minutes

Thursday 29th October 2015

Welcome

Present

Emma Basc; Hannah Pin, Pip Brennan, Kim Adey, Evyn Webster, Tracy Pollett, Cindy Malcolm, Pauline Franklin, Melanie Robson, Jazmin Blackwell, Sarah Jessen, Kate Haliczenko, Aimee Sinclair, Amanda Cooke and Sally Johnston.

Apologies

Joanne Hooper, Norene Liggett, Heather Woods and Audrey Turner

Introductions- an opportunity for staff and Committee to briefly introduce themselves.

Emma Basc welcomed all present and invited them to introduce themselves.

Acceptance of Minutes of AGM 2014

The minutes of the AGM for 2014 were accepted
Moved: Pip Brennan Seconded: Pauline Franklin
Carried

Business Arising from Minutes of AGM 2014

NIL

Annual Reports

Chairperson's Report
The Chairperson's Report was presented
Moved: Pauline Franklin Seconded: Aimee Sinclair

Auditors Report
The Auditor's Report was accepted
Women's Health has enough money to keep there doors open for the next fours years, three years with funding and one year without funding.
Moved: Pip Brennan Seconded: Aimee Sinclair

Members in positions to be re-elected to stand down

Members to be re-elected stood down

Returning Officer to take the Chair

Emma Basc assumed the position of Returning Officer for the elections.

Election of Management Committee and Office Bearers

Elected Committee Members as follows:

Pip Brennan – Chairperson – elected unopposed
Tracy Pollett– Vice Chair – elected unopposed
Pauline Franklin – Treasurer – elected unopposed
Aimee Sinclair – Secretary – elected unopposed
Kim Adey – Committee Member - elected unopposed
Norene Liggett – Committee Member - elected unopposed
Jo Hooper – Committee Member - elected unopposed

2015 AGM Minutes

continued

Appointment of Auditor

Andy Robert from Face to Face Business Mentors to be appointed auditor for the coming year.
Moved: Pauline Franklin Seconded: Kim Adey

Signatories

Electronic and Cheque signatories Pip Brennan and Pauline Franklin
Norene Liggett to be removed from all signatories.
Moved: Jo Hooper Seconded: Pauline Franklin

Other Business

Emma thanked committee members for support and also thanked staff. Emma presented staff and committee members with a gift.

Pip thanked everyone for their hard work and she is proud to be apart of WHWS.

Meeting closed at 6:38PM

History & Profile of GWHS

THE WOMEN'S HEALTH MOVEMENT

For more than 30 years, the women's health movement has sought to change the way women's bodies are viewed, and to allow women to be actively involved in their own health care. In the late 1960s and early 1970s, the major concern of the women's health movement was birth control and abortion. However, this perspective soon expanded as it became clear that there was widespread dissatisfaction with existing health services and ideas about women's health and wellbeing.

Over the last 40-50 years, the ongoing concerns of the women's health movement have included:

- The increase in medical intervention in natural bodily events such as childbirth and menopause
- A tendency to treat social and emotional problems experienced by women as if they were medical problems
- The failure of many health service providers to give women the information necessary to make informed choices about their health care
- The emphasis on women's reproductive role, rather than on their total health
- The trivialisation of women's legitimate and common health concerns
- The emphasis on the treatment of disease rather than its prevention

The Women's Health Movement has encouraged:

- The delivery of 'women-friendly' health care by setting up community based women-specific services
- Important collaboration with the general health care system to ensure it responds to women's health needs more effectively
- A significant role in relating women's personal experiences in relation to their health and health care, to government and policy makers
- Acknowledgment that male and female's health concerns and needs are different
- Women's health activists to argue strongly that health policy should acknowledge the relevance of the wider social and psychological setting of health

GOSNELLS WOMEN'S HEALTH SERVICE INC (GWHS)

- The Gosnells Women's Health Service Inc (GWHS) is a non-profit, non-government, community-based organisation, predominantly operated by women for women and their families.

- GWHS aims to promote the overall health, self esteem, independence, self responsibility and health awareness to all women regardless of age, religion, race or lifestyle in a professional, confidential and holistic manner.

- GWHS provides a number of services such as general and relationship counselling, perinatal depression counselling/therapy groups as well as health promotion and education within a non-discriminatory and holistic framework.

- GWHS is located within the Gosnells Community Lotteries House which is part of The Agonis building, on Albany Highway, in the centre of Gosnells.

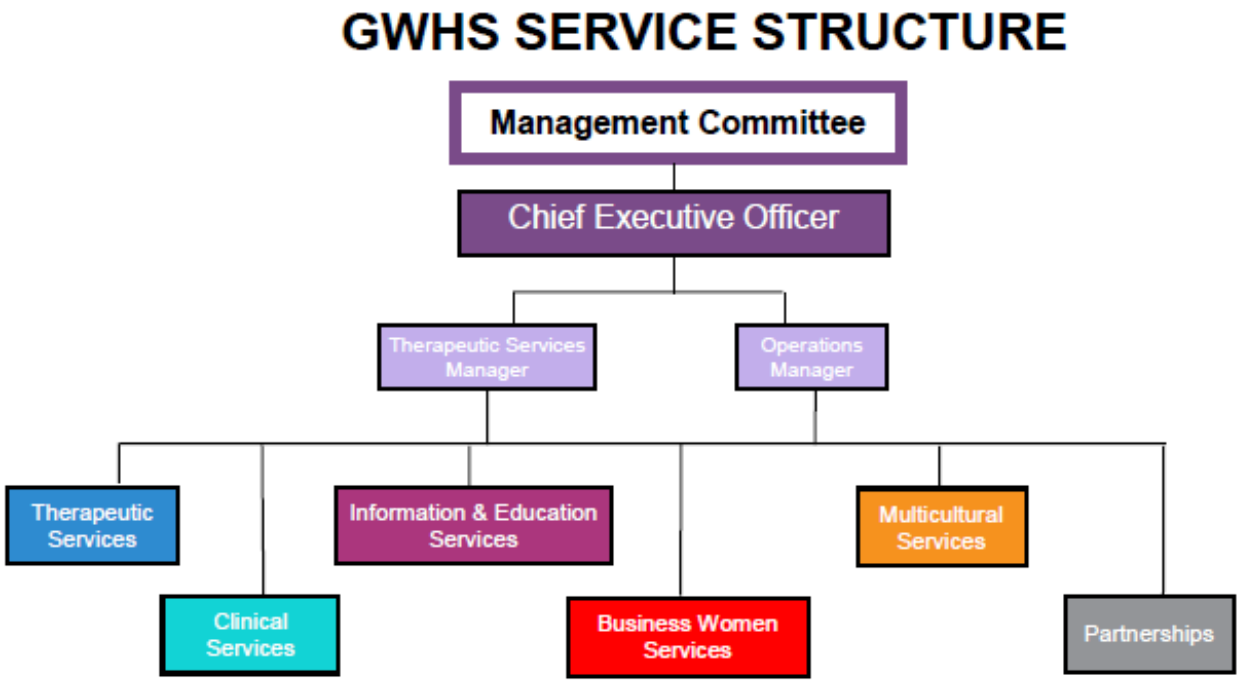
- GWHS services the South East Metropolitan Health Region with Gosnells, Thornlie, Maddington and Armadale defining the major catchment area. However, women from as far as Carnarvon and Albany, the outer regions of Armadale, Kalamunda, Cannington, Langford, Lynwood and Willetton also use the services provided.

History & Profile of GWHS

continued

GWHS HISTORY

- In 1989 a small group of women created the concept which became GWHS.
- A working committee was formed in 1991 and conducted extensive consultation with local women. It concluded that a central, community-based, Women's Health and Information Centre, addressing needs specific to women's holistic health care was necessary.
- Following on from this process, GWHS was established in 1994 with a management committee made up of local women who had concerns over the lack of health services for women in the Gosnells area.
- A female General Practitioner operates from our premises providing consultations regarding women's health issues.
- GWHS has since expanded its service base to include a range of physical and emotional health programs, as well as health promotion and education.
- GWHS sources funding to provide a number of short-term programs.
- GWHS also accommodates complementary services such as SARC, MWAS, Assets and The Bump.
- GWHS is staffed by a multidisciplinary team of professionals who deliver and coordinate the core services. Additional staff are employed as required to conduct the short-term projects.
- The staff and management are supported in their work by volunteers and students.
- To clarify our geographic inclusivity, on 1st July 2012 GWHS began trading as Women's Health and Wellbeing – South East Metro (WHWS).



GWHS is incorporated under the Associations Incorporation Act (1987) (WA).

Thank You

On behalf of Committee Members, Management and Staff
I would like to thank you for attending the 2016 Gosnells Women's Health Service Inc Annual General Meeting.

We look forward to a happy and productive 2017 financial year.